**Sharing of successes in…**

**Finding ways to communicate with our mentee:**

\*Exchanged home phone numbers for emergency needs

\*Email

\*Phone calls

\*Text messaging

\*Classroom visits after school

\*Weekly meetings

\*Common planning time

\*Face to face

\*Classroom observation

\*CAL form

\*Mentee journaling and verbal responses from mentor

\*Listening first, being empathetic

\*Notebook check-ins

\*Always inquiring how it is going

\*Sharing ideas and strategies with each other

\*Validate his/ her frustrations

\*In person w/ short and frequent interactions

**Building relationships with our mentee:**

\*Providing support to overcome challenges

\*Talking about mentees business

\*Active listening

\*Gave mentee a journal

\*Allowing mentee to vent without judgment

\*Spending time together outside of school to better know each other

\*Openness

\*Honesty

\*Being available

\*Encouragement

\*We talk via the phone about professional items and share some personal information

\*Keeping information confidential

\*Being “there” during our meeting time. There’s nothing else I want to do/ nowhere else I want to be

\*Letting him/ her know that everyone is frustrated by the certain things. She is o.k.

\*We went out to dinner.

\*Questioning instead of answering

\*Ask questions about family

\*Stopping in after work to say hi and chat about non-school things

\*Frequent check-ins

\*Had adult beverages/ socialized

\*Support for students or sub in the classroom

\*Being there: phone # exchange so I’m available at night/ on weekends

\*Took my mentee out to lunch

\*Email or texting just to see how they are doing

\*Validating

